



## Health Days Events



### **Fri & Sat, May 6 & 7 Softball Tourney**

Come and participate in the annual Health Days Softball Tournament. Tournament style is double elimination format. Team fee is \$200 per team. Sign up at the Smithfield Rec Center or online at [smithfieldrecreation.com](http://smithfieldrecreation.com)

### **Fri & Sat, May 6 & 7 Racquetball Tourney**    **Mon, May 9 Family Bike Ride**

Come participate in the Health Days Racquetball Tournament. Tournament style is a double elimination format. Games are played on Friday starting at 5:30 pm and Saturday at 8:30 am. Each participant receives a t-shirt, sports drink and light snack. Cost is \$20 per player. Register at the Smithfield Rec Center or [smithfieldrecreation.com](http://smithfieldrecreation.com)

Don't miss the exciting and fun family bike ride at Mack Park starting at 6pm. Everyone is welcome to attend this activity. Prizes will be raffled off at the end of the ride. Contact Lezlie Clegg for more info: 770-6479



### **Tues, May 10 Golf Tourney**

\$350 per team of 4, check in @ 7 am, Shotgun, 4 man scramble, Mayor's Cup-City Corporation, includes breakfast, 18 holes, golf cart, hole prizes, BBQ lunch, contests, proceeds benefit Birch Creek Elementary. Sign up by Friday, April 29, 2011 or for more information contact: Alpine Cleaning & Restoration 994-1200

### **Thur, May 12 Music Competition**

Stratford Loosley Smithfield Health Days Young Musicians Competition @ Sky View High School Auditorium at 7pm. Contact Richard Kline for more information—232-3718 or [richardklinef@gmail.com](mailto:richardklinef@gmail.com)

### **Fri & Sat, May 13 & 14 Children's Theatre**

Smithfield Children's Theatre presents Ali Baba & the Forty Thieves. Sky View Auditorium @ 7pm. Contact Susan Barrus at 563-8100 or [smithfieldtheater@gmail.com](mailto:smithfieldtheater@gmail.com)



### **Sat, May 14 Events 6:30—Pancake Breakfast**

Smithfield Fire and Cache County Ambulance will host the annual Pancake Breakfast at the fire station, 325 W. 100 North. The cost is \$5.50 for adults and \$4 for kids under 12. Discount tickets are available in advance at Lee's Marketplace. The discount ticket prices are \$5 for adults and \$3.50 for kids under 12. Proceeds from the breakfast go to support the fire department. Firefighters will also be collecting funds to "Fill the Boot" for Muscular Dystrophy.



### **7:30— [REDACTED] Race**

Our very popular health days race starts at 7:30am at Mack Park. Last year we had nearly 600 runners come to this race so sign up soon! Chip timing has been added this year and also tech shirts are guaranteed to those who register early. Individuals and families are encouraged to participate. Register at [smithfieldrecreation.com](http://smithfieldrecreation.com) or call 563-0048 for info.

# Health Days Events

## 10am-Parade

Cheer alongside the streets of Smithfield or choose to be in the parade. Fun and excitement await as community members, students, royalty, local businesses, scouting groups, community teams, and dignitaries pass by on floats playing music, tossing candy and waiving to the crowd!

Parade Route: Begins at Sky View High School, going west on 400 South, then along 100 East to 100 North. The parade committee welcomes participants from scout, school, church, and other community groups to be a part of the parade. Those interested in participating can obtain an entry form from the Smithfield Recreation Center or by emailing : healthdaysparade@gmail.com or 563-0048.

## Noon-Horse Show

Registration starts at 11:30am. \$3 a class (lead line, keyhole, poles, barrels). If you love horses, you'll love our Smithfield Health Days Horse Show. Come down to the horse arena at 800 West and Center and watch it all come alive with beautiful horses and people, young and old participating in riding activities for different age groups.

Contact Leisa Christensen at 563-6962 for more info

## 3pm-Family Rodeo

Goat Roping, calf scramble, mutton busting, stick barrel racing, greased pig chase and wild cow-milking contest.

Mutton busting and goat roping require a fee of \$10 for the first child \$5 for a sibling with fee not exceeding \$15 for a family. Pre-Registration is strongly encouraged by contacting Elaine Hebdon at: 563-3465

## 2pm-Dutch Oven Demo & Food Auction

Come experience the adventurous world of Dutch Oven cooking with Curtis Wall and many of his close friends. They have demos of all kinds of recipes and ways to cook with a Dutch Oven. There will be a food auction at 2 pm. Proceeds from the food auction will go towards Tops Sports to help disabled kids play sports.

## 5pm-10pm-Blue Sox & Fireworks

Smithfield Health Days without a Blue Sox game?! Come enjoy the game and concessions at the Richard V. Hansen Baseball Park. Also new to the Blue Sox field is the new announcers tower and concession area! After the game enjoy a fireworks show sponsored by Smithfield City.

## 11am- Booth & Park Activities

Forrester Acres Park comes alive from 11am-4pm. Music entertainment provided by Lovell Studios, will fill the air as you stroll through the assortment of booths and food vendors. There will also be a horse show and little kids rodeo. New this year will be a Dutch Oven demonstration and food auction with proceeds going to Top Sports to help disabled kids participate in sports. Rides and inflatables will be available for little kids to have fun on. If you're really brave, try your luck with the dunking booth.

